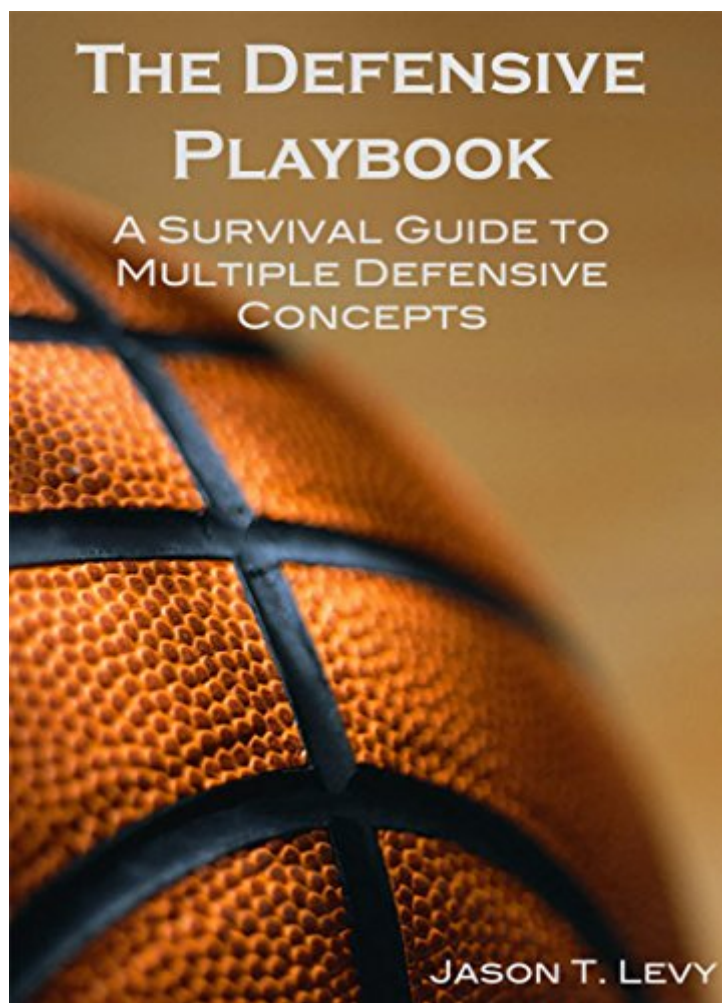




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The Defensive Playbook: A Survival Guide To Multiple Defensive Concepts



Synopsis

Jason Levy has been a men's college basketball coach for over 24 years. A native of New York City, who has worked on the West Coast, and in the Midwest in a variety of coaching positions. Extremely passionate to basketball, defense specifically, and very committed to the team's achievement and player academic standing to ensure their long-term success as a player and as a team. This book goes inside the defensive mind of Jason, covering man-to-man principles of guarding the ball and help side defense. In addition, over 40 defensive drills are included in this Defensive Playbook.

Book Information

File Size: 6531 KB

Print Length: 85 pages

Publisher: Pronoun (June 2, 2017)

Publication Date: June 2, 2017

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B071ZWTR25

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #193,822 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #13

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